



SNOWFLAKE BEAR, P.P.

Plunge Headquarters
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POLARPLUNGE.COM

DIAGNOSIS: *Philanthropic do-goodery condition*

PRESCRIPTION:

Please excuse *this brave Polar Plunger* _____ from:

Work

School

Other Activity

in order to warm up their hearts and be freezin' for a reason during the 2017-2018 Polar Plunge season to benefit Special Olympics Virginia's 21,000+ athletes.

REFILLS: 0 1 2 3 4 **5** PRN

Snowflake Bear

SIGNATURE

**POLAR
PLUNGE**

Snowflake Bear is a doctor of Polar Plunging (P.P.) and is not a real doctor. In case of an emergency, you should still call 9-1-1. Seriously.